

How to order

Please write your order on a paper bag and include the correct amount of money. See the samples below.

Ordering a Mix'n'Match Meal Deal

Simply write Meal Deal and your selection on one bag as below. Any additional items from the Pick Me Menu for 2nd break must be ordered on a separate bag.

| | |
|---------------------|-----------|
| Name: Simon Le Bon | Class:3DD |
| Meal Deal | \$6 |
| Chicken Caesar wrap | |
| Choc milk | |
| Berry Yoghurt | |

Ordering from the Pick Me Menu

Write your order on separate bags for 1st and 2nd break as below. Please check the menu for the availability of items at each break.

| 1 st Break | |
|-----------------------|-----------|
| Name: Andrew Taylor | Class:1DD |
| Cheese SW | \$2.50 |
| Milo milk | \$1.20 |
| Total | \$3.70 |

| 2 nd Break | |
|-----------------------|-----------|
| Name: Andrew Taylor | Class:1DD |
| Pop corn | \$0.50 |
| Pineapple Hula Hoop | \$1.00 |
| Total | \$1.50 |

About Our Canteen

The tuckshop aims to offer quality food choices that children enjoy while fuelling them for their school day. Tracey Andrews, our Tuckshop Convenor, oversees the smooth operation of the canteen and welcomes the help and time of parents and carers to offer this service. There is also a Tuckshop Committee that meets each term to support Tracey and the operations of the tuckshop.

Lending a Hand in the Tuckshop

Our recently refurbished tuckshop is a great place to catch up with others and to contribute to the school. Students love to see someone they love in the tuckshop during their break.

Flexible shifts are available or baking some homebake from our recipe collection is always appreciated.

Why not get together a team from your class to come in once in a while?

Why are some foods available only at certain times or only over the counter?

Our tuckshop is an efficient food service, but our volunteers need your help to ensure we can get everything ready on time. The availability of certain menu items at certain times is designed to help the smooth operation of the tuckshop and to ensure food reaches students fresh and ready to eat. This is also to assist you in planning your child's lunch with them.



Ithaca Creek State School Tuckshop Summer Menu Term 1 2009

Open Tuesday & Friday
Phone 3514 9326

Tuckshop Convenor
Tracey Andrews
0466675504

Enjoy!

Mix 'n' Match Meal Deals

These great deals are available by order only. Main meals and drinks are served in the first break. Students can choose to collect their snack from the counter in 1st or 2nd break by showing their lunch order bag. A RED stamp is placed on the bag to remind your child and the bonus gift will be offered when the snacks are collected.

| | | | |
|---------------------------------------|---|--|---|
| | Tuesday \$6.00 | Friday \$6.00 | Pick Me Menu Ordering separately |
| Choose one of these main meals | Sushi Select either Avocado* or Chicken Teriyaki filling. | Creeky Burger Choice of premium Vegie*, Chicken or Beef pattie with lettuce, tomato and sauce. | \$3.50 each Bag order: 1 st break only Counter: Not available |
| | Pasta Pasta of the Day* or Bolognaise made from fresh ingredients in the tuckshop. | Pizza Slice Pizza of the Day* or Hawaiian made from fresh ingredients in the tuckshop. | |
| | Summer Crunch Crunchy seasonal salad with either a Bean Trio* or Chicken Caesar and served layered in a Crunch Cup or as a Wrap . | | |
| | Garlic bread available with all main meals but not sold as an individual item . Add 50c to total cost | | |
| + | | | |
| Choose one of these drinks | Juice Popper 250ml apple, apple & black current, orange | | \$1.50 each Bag order: 1 st or 2 nd break Counter: 2 nd break only |
| | Flavoured Milk banana, chocolate, strawberry | | |
| | Bottled Water 600ml | | |
| + | | | |
| One snack | Select from the Seasonal Fruit Bar Students choose from whole, cut or frozen fruit at the counter. | | \$1.00 each Bag order: 1 st or 2 nd break Counter: 2 nd break only |
| | Berry Yoghurt Crunch Yoghurt topped with berry puree and toasted muesli. | | |
| | Pineapple Hula Hoop or Apple Slinky | | |
| = | | | |
| Bonus | On collecting their snack students receive a small gift! | | Only available with a meal deal |

*These meal items contain no meat however may contain dairy or egg products.

Pick Me Menu

Items below are available both Tuesday and Friday. Choices can also be made from the meal deals and ordered separately on the days available. Please note the Tuckshop is not open for any over the counter purchases until 2nd break.

| | |
|---|--------|
| Sandwiches | |
| Bag order: 1 st or 2 nd break | |
| Ham, chicken, tuna or cheese with salad | \$3.20 |
| Ham, chicken or tuna with cheese | \$3.00 |
| Plain ham, chicken, tuna or cheese | \$2.50 |
| Salad sandwich or Egg and lettuce | \$2.50 |
| Vegemite, jam or honey | \$1.80 |
| Toasted sandwiches | |
| Bag order: 1 st or 2 nd break | |
| Chicken and cheese | \$3.00 |
| Ham and cheese | \$3.00 |
| Tomato and cheese | \$2.50 |
| Baked Beans | \$2.50 |
| Snack selection | |
| Meal Deal snack items are also available separately | |
| Bag order: 2 nd break only Counter purchase: 2 nd break only | |
| Corn on the cob | \$0.60 |
| Popcorn | \$0.50 |
| Home bake | \$0.80 |
| Cheese and biscuits | \$0.80 |
| Custard cup | \$1.00 |
| Vanilla ice cream cup | \$1.00 |
| Frozen fruit juice ice | \$0.70 |
| Frozen yoghurt strawberry or mango | \$1.80 |
| Drinks | |
| Meal Deal drinks are also available separately | |
| Bag order: 1 st or 2 nd break | |
| Milo milk | \$1.20 |
| Milk | \$1.00 |
| Gi Juice Slushie no added sugar, 100% fruit juice, preservative free Counter purchase: 2 nd break only | \$1.70 |